



**GREAT
HEIGHTS**
ACADEMY TRUST



World Mental Health Day – Friday 8th October

Friday 24th September

Dear Parents/Carers,

At The Greetland Academy, we are committed to supporting the emotional health and wellbeing of our pupils and staff. With the current circumstances, the mental health and wellbeing of each and every one of us is more important than ever. Please do look on our school website on our *Personal Development* page for up to date support and advice.

On Friday 8th October, the whole school will be celebrating 'World Mental Health Day'. This is to raise awareness of the importance of mental health and wellbeing for young people. We will be saying **#helloyellow** and sharing tips for the importance of looking after your mental health. All children are invited to wear yellow themed non-uniform to school and donate £1 to go towards the charity 'Young Minds'.

Thank you for your continued support.

Yours sincerely,

Mrs H Crowther
Principal

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