

April 2022

Dear Parents and Carers,

Firstly, I'd like to say what a successful term it has been for sporting achievements: we are so happy to see the children taking part in competitive sports and a range of different sporting opportunities again.

Because of so many Covid restrictions that we have experienced over the last two years, some of our children and adults have developed new habits linked to activity levels, some good and some bad. As a way to encourage children to be more active during the Easter holidays, we would like to introduce a new programme called "The Healthy Selfie".

This new initiative involves children taking photos of themselves being active during the holidays and posting them to Seesaw: the more imaginative the better! Some activities could include: walking the dog, playing on bikes and scooters, climbing trees, walking to the shop, playing on trampolines and many more! We will share some of our favourite photos in assembly, when we return to school. Bonus points go to those children who get their adults and pets involved in the selfies too!

Each class teacher has set up a folder, on Seesaw, for the children to put their photos into. We can't wait to see what you get up to! You may even see some photos of your teachers being active pop up on Seesaw too!

Have a lovely Easter.

Yours sincerely,

Mrs Walsh

Sports, Health and Personal Development Manager