

Curriculum Outcomes



Sportsmanship Skills

Dedication, fair play, perseverance & respect

Teamwork & Independent Skills

Communicating, collaborating & competing.

Inclusive

Sport is for all

Why is PE important?

To live a healthy lifestyle.
For enjoyment, expression and creativity.
To improve mental health and build confidence.
Develop life skills such as communication, teamwork and leadership.

Potential Careers

Sports Scientist
Nutritionist
Olympian or an Athlete
Professional Sports Person
Personal Trainer
Coach / Teacher
Physio
Chorographer
FIFA Boss
Member of the International Olympics Committee



Master Movement

Be confident in a range of physical activities and sports

Be Healthy

Understand the importance of a healthy lifestyle; both physically & mentally

Successful Sports Person