

# PSHCE Unit Focus Overview



|        | Autumn 1                                 | Autumn 2                                 | Spring 1   | Spring 2   | Summer 1   | Summer 2                           |
|--------|--|--|--|--|--|------------------------------------|
|        | Brave                                    | Curious & United                         | Ambitious  |  | Healthy  | Respectful                         |
| Year 1 | What is the same and different about us? | Who is special to us?                    | How can we look after each other and the world?  | Who helps to keep us safe?   | What helps us stay healthy?  | What can we do with money?         |
| Year 2 | What makes a good friend?                | How can we respect ourselves and others? | What jobs do people do?                          | What helps us to stay safe?  | How do we recognise our feelings?  | How can the internet help us?      |
| Year 3 | How can we be a good friend?             | What keeps us safe?                      | What decisions can people make with money?       | What are families like?  | How can we look after our physical and mental health?                                  | What makes a community?            |
| Year 4 | How do we treat each other with respect? | How can we manage our feelings?          | What strengths, skills and interests do we have? | How can our choices make a difference to others and the environment? | How can we manage risk in different places?  | How will we grow and change?       |
| Year 5 | How can friends communicate safely?      | How can people spend money responsibly?  | What jobs would we like?                         | How can we help in an accident or emergency?                         | How can drugs common to everyday life affect health?                                   | What makes up a person's identity? |
| Year 6 | How do friendships change as we grow?    |  | How can the media influence people?              |  | How can we keep healthy as we grow?<br>What will change as we become more independent? |                                    |

| KEY | Health and Wellbeing | Relationships | Living in the Wider World |
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